DOCUMENT RESUME

ED 406 316 SO 027 839

AUTHOR Barchers, Suzanne I.; Marden, Patricia C.
TITLE Cooking Up U. S. History: Recipes and Research to Share with Children.
REPORT NO ISBN-0-87287-782-5
PUB DATE 91
NOTE 185p.; Illustrated by Leann Mullineaux.
AVAILABLE FROM Teacher Ideas Press, P.O. Box 6633, Englewood, CO 80155-6633 ($22).
PUB TYPE Guides - Classroom Use - Instructional Materials (For Learner) (051) -- Guides - Non-Classroom Use (055)

EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS American Indian Culture; *Cooking Instruction; Cultural Activities; Cultural Education; Elementary Education; Food; Interdisciplinary Approach; North American Culture; *Recipes (Food); *Social History; *Social Studies; *United States History

ABSTRACT

This interdisciplinary resource presents recipes which reflect the practices of historic periods, cultural groups, and geographic regions of the United States. These are organized in 11 sections: (1) "American Indians"; (2) "The Colonial Period"; (3) "The Revolutionary War"; (4) "Westward Expansion"; (5) "The Civil War"; (6) "The Northeast"; (7) "The Mid-Atlantic States"; (8) "The Southeast"; (9) "The Midwest and Prairies"; (10) "The Southwest"; and (11) "The West." Research questions and readings link the recipes to U.S. history. Bibliographies follow each section and a culminating "Bibliography of Books about Food" is given. Appendices include "Answers to Library Links"; "Measurements"; and "Altitude Adjustments." A "Glossary of Cooking Terms"; "Index"; and "Notes about the Authors" conclude the book. (MM)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****